



SIR THOMAS RICH'S SCHOOL

Oakleaze, Gloucester

Ten Tors Training Day 1 Reminder and Medical Consent Form REquest

[Ten Tors PowerPoint 2024-25](#)

[Ten Tors Information Evening Recording 2024-25](#)

Dear Parent

Quick reminder that next Wednesday is the first Training Day for Ten Tors.

Training Day 1: Brecon Beacons- Parental Pick up and drop off

Date: Wednesday 11th December 2024

Meet point: Garwnant Visitor Centre
Address: Cwmtaf, Merthyr Tydfil, CF48 2HU
What3words: smarting.crows.awakes
Meet time: 9.30am

End point: Garwnant Visitor Centre
Address: Cwmtaf, Merthyr Tydfil, CF48 2HU
What3words: smarting.crows.awakes
Pick up time: 3.30pm

Focus of the day

The first day of training will focus on micro navigation. Please can you ensure your child brings a day pack, a hot flask to drink, layers of walking clothing, walking boots, waterproofs, gloves, hat and scarf. If they have a compass please can they bring it but maps **will** be provided.

Layers of clothes are imperative as they will not be doing much walking during this day. The focus of the day will be looking for small features as well as reaching specific contours. This means that it is a map and compass focused navigation day where they will be standing still in order to analyse the details in fine detail causing them to get cold easily.

Just so you are aware due to Duke of Edinburgh Training on the school site I will not be in attendance but they will be supported during the day by the provider Ocean Rock who I will have direct contact with throughout.

Medical Consent Request Form

Please complete a Medical Consent Form [3 - Gateway Form Medical Info and Consent](#) by Monday 9 December 2024.

Best wishes

Mrs Rigby-Smith

SIR THOMAS RICH'S

Oakleaze Gloucester GL2 0LF
01452 338400
info@strs.org.uk
www.strschool.co.uk

This email was sent to letters@strs.org.uk, because you have signed up with STRS.
If you wish to unsubscribe, [click here](#).

This message may contain information and/or data that is confidential and legally privileged. It is intended solely for the addressee(s) only. If you are not the intended recipient you are notified that any use, publication, reproduction or dissemination is strictly prohibited and may violate certain laws.

If you are not the intended recipient, please contact the sender by return e-mail and destroy this and all copies of this message and/or data.

Sir Thomas Rich's School is a limited company registered in England with company number: 7331954

Registered Office: Sir Thomas Rich's School, Oakleaze, Longlevens, Gloucester, GL2 0LF